

HOBERT HEART CENTRE Request Form

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HOBERT HEART CENTRE

Request for:

☐ Consultation

☐ Consultation, exercise test if appropriate
(because of the inherent risk and difficulty in
accurate interpretation we will not do exercise
tests without consultation).

☐ ECG

☐ Echocardiogram ☐ Stress Echocardiogram

☐ Holter Monitoring

☐ Ambulatory Blood Pressure Monitoring
(There is a fee, as yet there is no Medicare rebate)

Patient's name:

Address:

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D.O.B: Ph:

Referring Doctor:

Address:

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Date:

Clinical Details:

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.....Signature.....

Your doctor has recommended that you use Hobart Heart Centre for your Echocardiogram.
You may choose another provider but please discuss this with your doctor first.

HOBART HEART CENTRE PATIENT INFORMATION

Exercise Tolerance Test involves cardiac monitoring during a walk on a treadmill. The cardiologist monitors the heart rate and rhythm as well as the blood pressure. The speed and incline of the treadmill can be adjusted to each person. Please wear comfortable shoes. **Duration:** 20-30 minutes.

Electrocardiogram (ECG) records a snapshot of the rhythm and rate of the heart at a given time. **Duration:** 5-15 minutes.

Holter Monitoring is the recording of the heart rate and rhythm over a given period, usually 24 hours. The Holter is a small device attached to the chest using electrodes. If you have a pocket in the top of your clothing, (a shirt with a pocket) this is a safe place to wear the monitor. No showering allowed while wearing the monitor. **Duration:** 10 minutes

Ambulatory Blood Pressure Monitoring involves wearing a cuff on your arm attached to a small monitor which records the blood pressure automatically. The cuff is applied to a bare arm. A loose sleeve top is appropriate to wear. Showering is permitted as per the nurses advice. **Duration:** 10-15 minutes.

Echocardiogram involves applying conduction gel to a bare chest (a gown is worn for females) to allow for pictures to be taken of the heart structure and function. **Duration:** 30- 45 minutes.

Stress Echocardiogram is done to assess the function of the heart following exercise. Pretest pictures (as per echocardiogram) are taken as a baseline. Once you have exercised on the treadmill, post test pictures are taken for comparison. A cardiologist is present during the procedure. **Duration:** 30 minutes